ARBROATH SMOKIE CROQUETTES







DEVELOPED BY 2022 MASTERCHEF FINALIST SARAH RANKIN

- Make a very thick roux with the butter and flour using 2.1 ration. Add enough milk to loosen. but make sure the mixture is still very thick.
- 5. Whizz in a blender until smooth and add to a dipping bowl.

INGREDIENTS:

- I Arbroath Smokie picked and flaked (make sure all bones are removed)
- 150g grated Smoked Connage Dunlop (or another smoked cheddar)
- Whole Milk
- Plain flour
- Butter
- Salt and pepper
- 2. Add the grated cheese and chill for at least an hour. and ideally overnight.
- in vegetable oil heated to 180 degrees and drain on kitchen paper.

- Egg
- Panko
- Vegetable oil
- Small jar gherkins (in dill vinegar)
- Dill

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- Parsley
- 3 tsp Benromach 15 Year Old
- 3. Add the flaked fish, chopped herbs. Benromach I5 Year Old and some salt and pepper. Shape into lozenges and chill again.

Serve immediately

with the gherkin ketchup.

Meanwhile, heat through all the contents of the pickle until the liquid has reduced by half.

